



BOH MEETING MINUTES March 18, 2026

In attendance: Chair, Kim Mu-Chow; Vice Chair, Jeff Harris; Member, Diane Daddario; Cathleen Liberty, Director; Ginny McNeil, Health Agent; Alicia Sullivan; Public Health Nurse, Kerry MacKay, Health Agent

Guests: In person: Steve Sherlock

CALL TO ORDER: ► Chair Mu-Chow called the meeting to order at 5:00 pm.

CITIZENS COMMENTS: ► None

NEW BUSINESS

Discuss prohibiting the sale of mind altering products

Director Liberty noted that several tobacco retail stores are selling mind altering products such as Kratom and Psychedelic mushroom candy bars. These products are being sold as “natural” but we recently learned on a webinar that the mind altering products such as Kratom are a synthetic opioid that can be addictive and are packaged to attract youth. Director Liberty showed a power point depicting the issue of mind altering products' rise in sales and the impending public health crisis they are causing. The board had much discussion thereof as to what other towns and cities are doing to avert the crisis.

► **MOTION to write a draft regulation based on North Hampton’s Novel intoxicating products regulation that the board can review at the next meeting so they can hold an open forum at the May meeting. MOTION by Mu-Chow. SECOND by Daddario. ► Discussion:** Member Daddario noted that using Novel intoxicating products or substances to catch as many products now or in the future should be included in the regulation. ► **ROLL CALL VOTE: Mu-Chow-YES; Daddario-YES-Harris-YES ► VOTE: Yes-3, No-0.**

ADJOURNMENT

► **MOTION to adjourn at 5:28 by Mu-Chow. SECOND by Daddario. ► No discussion. ► ROLL CALL VOTE: Mu-Chow-YES; Daddario-YES-Harris-YES ► VOTE: Yes-3, No-0.**

Respectively submitted by: Cathleen Liberty