



BOH MEETING MINUTES

March 4, 2026

In attendance: Chair, Kim Mu-Chow; Vice Chair, Jeff Harris; Member, Diane Daddario; Cathleen Liberty, Director; Ginny McNeil, Health Agent; Alicia Sullivan; Public Health Nurse, Kerry MacKay, Health Agent

Guests: In person: Steve Sherlock, Virtual: Sarah McColgan

CALL TO ORDER: ► Chair Mu-Chow called the meeting to order at 5:00 pm.

CITIZENS COMMENTS: ► None

APPROVAL OF MINUTES: ► February 4, 2026

► **MOTION to Approve the February 4, 2026 meeting minutes Diane Daddario. SECOND by Jeff Harris. No discussion. ► ROLL CALL VOTE: Mu-Chow-YES; Daddario-YES ► Jeff Harris-YES VOTE: Yes-3, No-0-Abstain 0**

NEW BUSINESS

Restricting the sale of tobacco products inspection violations discussion

Director Liberty noted that ten tobacco retail stores were inspected by the MHOA agent that we are contracted with on February 18, 2026. Three out of the ten have first and second violations within 36 months in which they are prohibited to sell tobacco products for a number of consecutive days as the Restricting the sale of tobacco products indicates. They are asking for leniency in regards to prohibiting the sale of tobacco products. There was much discussion but the board remains adhering to the violations indicated in the regulation. Chair Mu-Chow asked that the tobacco permit holders get a letter indicating the amendments to the Restricting the sale of tobacco products regulations and to have the retailers inspected again in six months.

Report My Meal

Director Liberty showed the board members the new Report My Meal website DPH has created for the community to report a food borne illness to public health.

Update on the Women's Health Expo Discussion

Director Liberty noted that the Women's Health Expo will be held at the NE Chapel on Wednesday, May 20, 2026 from 2-5pm. The event will host multiple vendors relating to women's health including Dana Farbar's mammogram van at the event that gives free mammograms to those who register from 7am-3:15 pm. There was much discussion about the topic.

REPORTS

Metacomet Shared Service Grant Health Agent Update

The Regional Health Agent gave the monthly update

Metacomet Public Health Nurse Update

The public health nurse gave her monthly update.

Future Agenda Items

Food inspection presentation and trends, Kratom Discussion and an update on warming and cooling shelters in town.

ADJOURNMENT

► MOTION to adjourn at 5:46 by Harris. SECOND by Daddario. ► No discussion. ► ROLL CALL VOTE: Mu-Chow-YES; Daddario-YES-Harris-YES ► VOTE: Yes-3, No-0.

Respectively submitted by: Cathleen Liberty